

DYR Exercise #7 Our Lives & Ministries (Ephesians 2:10)

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“For we are His workmanship, created in Christ Jesus for good works, which God prepared beforehand, that we should walk in them.”

(Ephesians 2:10, NASB)

Directions: Reflect on your spiritual lives.

- * Think of a time you were burned out. Was it from spiritual life in general or serving?

- * What were some signs of that burnout?

- * What do you think God really has designed you to do? Write down any hints on His plan for you on earth.

Study Questions (DYR #7)

1. What does “burnout” describe? Its symptoms?
2. How does a person get burned out?
3. How does biblical meditation assist us in addressing this issue?
4. Why is Christ’s living water an effective illustration of the Christian life?
5. Why is the phrase “bearing fruit” so significant? What does Jesus’ use of this phrase signify about His plans for you (and every believer)?