





Deepen Your Roots #4

What is a good Christian?

- Avoid temptation
- Read the Bible
- Be good
- Pray
- Go to church
- Attend small group
- Tithe

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The Link

An illustration of a green metal chain with three links. The rightmost link is labeled 'Dead Christianity' in white text. A large, faint watermark 'learn' is visible in the background.

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The Well of Life

15 feet

30 feet

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Preparations of the Heart

“For to us God revealed *them* through the Spirit; for the Spirit searches all things, even the depths of God. For who among men knows the *thoughts* of a man except the spirit of the man, which is in him? Even so the *thoughts of God* no one knows except the Spirit of God.” (1 Corinthians 2:10, 11)

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The Study of God's Word

Approach	Technique	Desire
Bible study methods	Analytical skills	Seeking heart
How are we going to eat the orange? Peel, slice?	How shall we actually prepare it? Use hands, knife, carve?	How much do I desire to eat the orange? Maybe I just want to look at it.

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Bible Study Methods

Analytical study	A study revolving around a smaller portion of scripture through careful analysis and thought.
Bible Book studies	Taking a whole Bible book and progressively divide, understand, apply and then reunite.
Biographical study	Careful observation of a Bible character as revealed throughout the Bible.
Devotional study	Regular application of Bible readings to one's life.
Inductive Bible study	Careful study from within the passage to determine its original purpose and meaning.
Synthetic Bible study	General observations from without about a certain Bible book or passage.
Theological study	Determining the right perspective of some certain truth as determined from the Bible.
Word study	Careful analysis of a word from the original text and its usage throughout the scriptures.

Biblical Meditation

- * Meditation provides a breakthrough
- * OXPET
- * Joshua 1:7-9
- * Mastering meditation

Analytical Skills

Meditation

What is in the cage?

Many of us are great at analysis but poor on application. Meditation blends the two together.



OX + PET

OXPET		
Opposite	O	Think of the opposite sense to the word, command, illustration, etc. These contrasts easily stir up the mind.
Expand	X	Expand and mildly exaggerate the sense of the word or verse. The more practical and personal, the better.
Personal	P	Personalize the key meaning by placing yourself in the context and situation being described. Substitute 'your name' for the one being used.
Emphasis	E	Emphasize a meaning by observing repeated words and phrases and personalizing them.
Translation	T	Translate elusive words, phrases or verses into your own easy-to-understand words.

Psalm 119:169

Opposite	O
Expand	X
Personal	P
Emphasis	E
Translation	T

Let my cry come before Thee, O LORD; Give me understanding according to Thy word. (Psalm 119:169)

Psalm 119:174

Opposite	O
Expand	X
Personal	P
Emphasis	E
Translation	T

I long for Thy salvation, O LORD,
and Thy law is my delight. (Psalm
119:174)



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Opposite	O	Think of the opposite sense to the word, command, illustration, etc. These contrasts easily stir up the mind.
Expand	X	Expand and mildly exaggerate the sense of the word or verse. The more practical and personal, the better.
Personal	P	Personalize the key meaning by placing yourself in the context and situation being described. Substitute 'your name' for the one being used.
Emphasis	E	Find emphasis by observing repeated words and phrases and then personalize them (longer passages).
Translate	T	Translate elusive words, phrases or verses into your own easy-to-understand words.

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Joshua 1:1-9

7 Only be strong and very courageous; be careful to do according to all the law which Moses My servant commanded you; do not turn from it to the right or to the left, so that you may have success wherever you go. 8 This book of the law shall not depart from your mouth, but you shall meditate on it day and night, so that you may be careful to do according to all that is written in it; for then you will make your way prosperous, and then you will have success. 9 Have I not commanded you? Be strong and courageous! Do not tremble or be dismayed, for the LORD your God is with you wherever you go (Joshua 1:7-9).

O
X
P
E
T

Deepen Your Roots
A Study on Biblical Meditation
#4 OXPET
Joshua 1:7-9
Part A
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