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**Deepen Your Roots #2**

**G O D E E P E R !**

A Discovery

- Already many years of experience
- A seeking heart
- “Meditate” is used 23 times in OT (Psalms)
- Two key passages: Psalm 1 or Joshua 1
- Links us to a deeper and richer life tied to our experience with God

**G O D E E P E R !**

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**Deepen Your Roots #2**

Two Passages

Joshua 1	Psalm 1
One person	General group
A general	A typical person
A promise	Principles
A strategic time	All the time
Assured “Success”	Assured “Blessings”

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**Blessing Exercise**

Psalm 1:1-3

1 How **blessed** is the man who does not walk in the counsel of the wicked, nor stand in the path of sinners, nor sit in the seat of scoffers! 2 But his delight is in the law of the LORD, and in His law he meditates day and night. 3 And he will be like a tree firmly planted by streams of water, which yields its fruit in its season, and its leaf does not wither; and in whatever he does, he prospers.

List all the hints you find on having a good spiritual life.

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## Deepen Your Roots #2

### Group Discovery on Psalm 1:1a

“How blessed is the man who...” (Psalm 1:1)

- Does the Psalmist want each reader to be blessed? How do you know?
- What does blessed mean?
- How can a person be sure to secure God's blessing in his or her life?
- What picture does the Psalmist provide to deepen our desire to have God's blessing?
- What part of the description helps you the most?

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## Deepen Your Roots #2

### Abounding Grace

*“Blessed be the God and Father of our Lord Jesus Christ, who has blessed us with every spiritual blessing in the heavenly places in Christ, just as He chose us in Him before the foundation of the world, that we should be holy and blameless before Him” (Eph 1:3-4).*

- God's blessing is our inheritance
- Spiritual blessing is the source of all blessings
- Do you believe this?

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## Deepen Your Roots #2

### Psalm 1:1-3

- Verse 1  
Negative description of a blessed person
- Verse 2  
Positive description of a blessed person
- Verse 3  
Uses fruitful tree analogy to describe this person

1 How blessed is the man who does not walk in the counsel of the wicked, nor stand in the path of sinners, nor sit in the seat of scoffers! 2 But his delight is in the law of the LORD, and in His law he meditates day and night. 3 And he will be like a tree firmly planted by streams of water, which yields its fruit in its season, and its leaf does not wither; and in whatever he does, he prospers.

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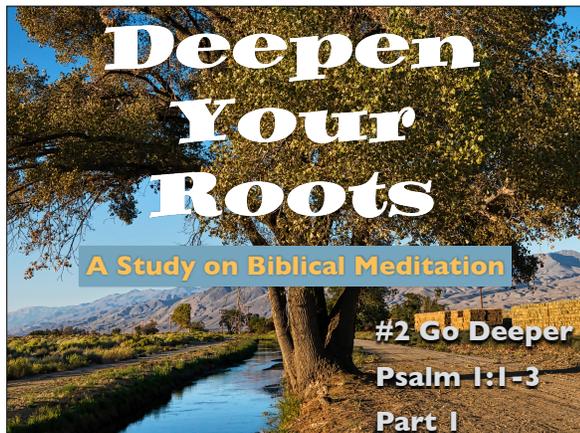
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