



Chapter #3

Growing Strong

Study Exercises

(27-34)

Chapter resources

Illustrated Teaching Handout: [View PDF](#)

Chapter Exercise Overview: [View PDF](#)

Chapter #3 Exercises

Overcomers must learn to effectively and regularly strengthen their faith in God and His Word. This is an exercise to help build up our faith.

❑ **Growing through Psalm 1:** [pdf](#) | [ePub](#) | [pdf](#)

- **Purpose:** Train oneself to grow in faith through God's Word. Through this exercise, we gain a glimpse into what we genuinely believe. In many cases, what we say we believe is very different from the decisions we make in life.
- Answer the following questions that refer to the verse from Psalm 1 immediately above it. Complete during lesson 33 (not earlier).

❑ **Life Application sheet:** [pdf](#) | [docx](#) | [epub](#)

- Make sure you download and fill out the life application sheet for each chapter. Include these in your exercise binder. They help you focus on the lessons God has been teaching you. There are no right or wrong answers.