

#10 Being an Overcomer

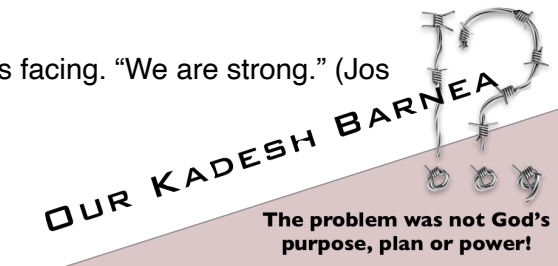


Learning transferable growth principles

This last session provides an overview and explanation of transferable overcoming principles so one can use these training resources to obtain victory in every complex area of one's life.

A) Build up our Hope

- Be bold. Deal with any issue that you or another is facing. "We are strong." (Jos 1:3-6)
- Make high personal standards.
- Failures reveal Satan's handles on our lives.
- Opportunities > Kadesh-Barnea
- Moving forward - a process. One step after another to gain personal holiness.
- Strengthen others to be victorious (2 Cor 1). Our victory is our testimony.
- We are inadequate, but we are coworkers with the Lord. "God is with us."
- "Let every valley be lifted up!" (Isaiah 40:1-5).



B) Strengthen Confidence in God's Word

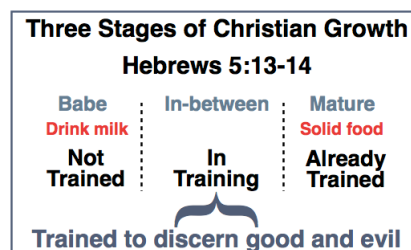
◆ Our sinful life, new birth, and spiritual growth

- Biblical doctrines are embedded within *The Flow*
- Our natural sinful nature (Ephesians 2:1-3)
- Need of new birth (life) (John 3:1-13; 1 John 5:12)
- Bound to devil (Hebrews 2:14; Colossians 1:13)
- Characteristic of new life (James 3:18; 1 Peter 1:23)
- Spiritual life requires us to 'grow up' (Ephesians 4:15)



◆ The Three Stages of Growth

"For everyone who partakes only of **milk** is not accustomed to the word of righteousness, for he is a **babe**. But **solid food** is for the **mature**, who because of practice have their **senses trained** to discern good and evil" (Heb 5:13-14).



◆ Faith Grows & Develops

- "And without faith it is impossible to please Him" (Heb 11:6)
- New life is dependent on the development of faith (Matthew 17:20).
- "My righteous one shall live by faith" (Heb 10:38).

♦ Stage 1 & Little Children

- Expected to grow up (Ephesians 4:14) quickly
- Characteristics of children (1 Corinthians 3:1)
- New believer is a 'babe' - Hebrews (Hebrews 5:13)
- "Like newborn babes" - Peter (1 Peter 2:2)
- Jesus and spiritual growth (Matthew 15:28; 16:8)

♦ Stage 2 - Spiritual confrontation

- Growing strong and stage 2
- Jesus (Luke 8:13; Matthew 6:30).
- Peter: Process and Promises of Spiritual Growth – (2 Peter 1:3-4; 2 Peter 1:5-7)
- Paul - "lusts of deceit" (Ephesians 4:22-24)
- Like a tree

♦ Stage 3 & Spiritual Fruit

- Description of third level
- Jesus expects faith to bear fruit. It is the purpose we receive the seed, the word of God. (Mark 4:20; Luke 8:15)
- Paul (Ephesians 2:10; Titus 2:7,14; 3:8,14).
- Hebrews (Hebrews 10:24).
- Peter (1 Peter 2:12).

♦ God's overall purpose

- A bride without spot (Ephesians 5:26-27; Matthew 25:1-13)
- Paul (Ephesians 4:15 ; Philippians 1:6)
- Hebrews (Hebrews 12:2)
- Jesus (John 15:16; John 17:17).

♦ Summary

- Strong warriors
- Persist in seeking His grace.
- God wants us to succeed.
- God's garden (Isaiah 61:10-11).

C) Master the transfer principles

- Introduction

♦ Three Significant Choices

- Three choices.
- Two aberrations
- Complete picture (Isaiah 40:3-4)
- Lord's road
- The valleys need to be filled in.
- The mountains need to come down.



♦ The Groupings

- Categorize the three groups
- Each virtue (2 Corinthians 5:17).
- Present sanctification (Romans 6:19).
 - God's way is best
 - God's way is possible
 - God's way is thorough

LACK OF CONFIDENCE	GOD-FOCUSED CONFIDENCE	MISPLACED CONFIDENCE
• Worrisome • Despairing • Sad • Doubtful • Depressed • Anxious	• Loving • Joyful • Patient • Kind • Peaceful • Faithful • Good	• Faithful • Self-control • Merciful • Gentle • Reasonable • Without hypocrisy
• Fearful • Hopeless • Stressed out • Indecisive • Self-hate		• Angry • Lying • Lustful • Prideful • Critical • Arguer
		• Envy • Jealousy • Hatred • Defiant • Despiteful • Self-ambitious • Deceiver • Bitter • Revengeful • Immoral • Gossiper • Backbiter • Swears

♦ Faith Definitions

- Worry is the lack of faith that God will care for my concern in a particular area of life.
- Faithful is that consistent trust in God that enables me to persevere in doing what God calls him to do.
- Bitterness reveals that a person has not trusted God to care for some offense but has instead put confidence in his own devices, such as revenge, evil plotting, etc.
- Additional thoughts
 - Valley experience is unstable
 - Root causes and complex situations

D) The Victory Process

♦ Common Situations

Each grouping has standard solutions and advice. Notice the chart below.

Group Commonalities	(LC) Lack of Confidence	(GC) God- Confidence	(MC) Misplaced Confidence
Clarity of mind	Confused and unsure	Confident in the Lord's help	Confident and sure
Feelings	Broken and defeated	Humbled but confident	Prideful and secure
Primary need	Needs encouragement	Needs perseverance	Needs humbling
Major step	Confess lack of trust in Lord	Praise God for His help	Repent and confess of pride

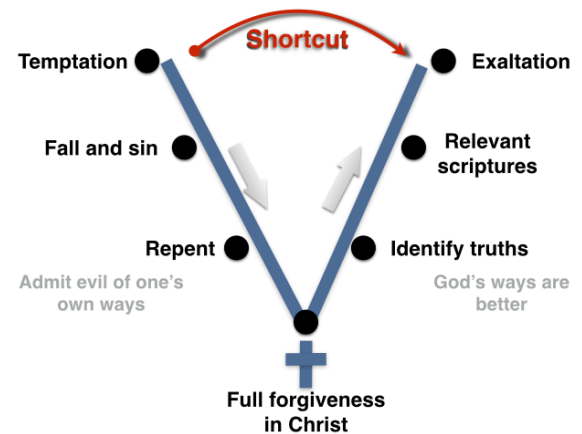
♦ Penetrating Observations & Actions

(1) General diagnostic

- Scenario #1 Upset husband
- Scenario #2 The Thief
- Scenario #3 The Fearful Friend

(2) Specific Diagnostic

- People can be complicated!
- Start with hope
- Describe and define the problem



♦ Time for Confession

- Confession (1 John 1:8-10)
- Directional counseling

♦ Rebuilding Faith in God

- Key question: "In a way(s) have you doubted God's willingness or ability to protect you in a given situation?"

♦ Instructing on how to Establish Truth

- There are several ways they can build up the truth concerning this area.
- Similar Bible circumstances (Eg. David faced Goliath because he knew God's power (1 Samuel 17:45)).
- Think about past experiences (e.g., David strengthened their faith to fight Goliath through past experiences with lions and bears) (1 Samuel 17:36-37).
- Find one or more verses (not too many) that address this issue. Pick a familiar if possible (Ps 23:4). Show them how David trusted the Lord in difficult times.
- Ask the person if he or she had read the Bible earlier today. Quietly reflect on your own quiet time and see if it relates to this topic (Eph 6:17).

♦ Differences between MC and LC

- Stubborn and deceived
- Working through circumstances.
- Others involved
- Interplay between the categories.
- King Saul's problems (1 Samuel 28:5-7).

🚩 Life Application

- God wants and enables all Christians to grow spiritually.
- Our growth is mainly dependent on our resolve to trust the Lord.
- What we learn in one area (i.e. Jericho) can be applied to other struggles in life.
- There are no areas of life where God does not equip us through His Word for success.

♦ Life Sharing & Exercises

1. Share one lesson God has taught you. What is one Bible verse that supports that? Have you used it to help others humbly?
 2. What area of growth would you like to learn more about? Why?
 3. Explain one way you have changed through this training.
- Assignments: Exercises and charts to help understand and overcome depression.

