

(91) Our Shield of Faith

Points of Reflection

Video #91: [View/download the video lesson](#)

- ☐ What does spiritual warfare refer to?
- ☐ How does the 'shield of faith' fit into the spiritual armor?
- ☐ How might the shield of faith relate to our fight with depression?
- ☐ Why do we have to be careful when counseling depressed people?
- ☐ So, how does the shield of faith work? Do we merely hold the shield up? What does this practically mean?
- ☐ For further reflections, click on [Spiritual Warfare and Ephesians 6](#).

☐ **Date Lesson #91 completed** _____

