

# (90) Perspective on Depression

## Points of Reflection

*Video #90: [View/download the video lesson](#)*

- ☐ Did it look like Jesus was a failure? Explain.
  - What was Jesus' response to that desperate night in Gethsemane?
  
- ☐ When we are convinced (believe) that God's will is always best, we will not look at our circumstances but what God wants. Remember a situation like this in your life. What happened?
  - Why?

☐ What is a practical example of living by faith rather than sight?

☐ Read Psalm 129:2-4. Explain how this verse can help a person when facing many troubles in one's life.

☐ **Date Lesson #90 completed** \_\_\_\_\_