

(88) Depressive Thoughts

Points of Reflection

Video #88: [View/download the video lesson](#)

- ☐ What is the enemy's ultimate goal through depression?
 - How do you know?

- ☐ List six phrases through which the evil tempts induce people to step further into depression.
 -
 -
 -
 -
 -
 -

- ☐ How does lifting an anchor describe the way the evil one brings a person down from one stage to another stage of depression?
- ☐ Why is the word 'irresponsibility' used to describe this second approach the evil one takes to lead people into depression.
- ☐ What is 'dangerous isolation'? How is it connected to depression?

☐ **Date Lesson #88 completed** _____