

(80) Slow to Anger

Points of Reflection

Video #80: [View/download the video lesson](#)

☐ What are three excuses that you use to cover up your guilt?

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- ☐ Explain the difficulty or success you have had in quickly apologizing for your anger.
- ☐ Does 'slow to anger' (James 1:19) mean it is okay to get angry if the other deserves it?
- ☐ Why does James say personal anger should not fit into our lives (James 1:20).

☐ What two sins do we commit when we wrongly get angry?

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☐ **Date Lesson #80 completed** _____