

(78) Anger's Root Problem

Points of Reflection

Video #78: [View/download the video lesson](#)

- ☐ What is one way someone or something tends to get you angry?
 - How do you respond? Explain.

- ☐ Spend some time thinking about the situation in which you grew up.
 - Where did you observe anger? Between parents? With neighbors? From your parents? Others?
 - Which has had the most significant impact on you?

- ☐ What are the two responses to anger? How are they different?
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- ☐ What is the difference between misplaced confidence and God-confidence concerning anger?

☐ **Date Lesson #78 completed** _____