

(76) Is Anger Always Sinful?

Points of Reflection

Video #76: [View/download the video lesson](#)

☐ What is anger?

- Is anger consistently wrong? Why?

☐ Explain what righteous anger is.

☐ List two verses that speak about God getting angry. Does God hide His feelings/emotions? Explain.

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- ❑ Why do you think Paul in Ephesians 4:30-31 instructs us to put 'all' anger aside while in Ephesians 4:26 he tells us, "Be angry and yet do not sin"?
- ❑ How does the story of Cain show us God's attitude toward us who have a problem with anger?

- Explain.

❑ **Date Lesson #76 completed** _____