

(74) Restoring Foundations

Points of Reflection

Video #74: [View/download the video lesson](#)

- ☐ Why doesn't the self-determination method, "I will do it," or the inspired method, "I want only your way," frustrate us in reaching God's goals?
- ☐ Pick one of the five pillars that needs to be rebuilt. Study the scripture and contrast the old and new ways. Pray the new way into your life.
- ☐ Identify the weak areas in your life that you need the Lord to rebuild with the pillars of truth. Ask Him now to do it.

- ☐ Work through the four exercise sheets and follow through as needed.
 - #1 Understanding our Lusts (Better understand how lusts affect us).
 - #2 Tracing Lust Responses (Better understand how you respond to lust).
 - #3 Preventing Lusts (Better understand how an evil desire enters and impacts your life).
 - #4 Combating lusts (Equip how to identify and solve your lusts).

☐ **Date Lesson #74 completed** _____

☐ **Chapter 7 (#65-74) completed (Put check mark):**

• Reading ____ Videos ____ Reflection questions ____ Exercises ____