

(51) Doubts About Worry

Points of Reflection

Video #51: [View/download the video lesson](#)

- ☐ What is one way the rebellious nature of worry shows itself?
- ☐ We have given three examples. Write down one.

- ☐ How is worry different from concern?

- Do you ever call worry a concern? Explain.

- ☐ Why is it important not to disguise our worry?

☐ **Date Lesson #51 completed** _____

