

# (50) Infiltration of Our Minds

## Points of Reflection

*Video #50: [View/download the video lesson](#)*

- ☐ Catch a few of the suggested thoughts mentioned above that the evil one uses to induce your anxiety. Write them down (or use the anxiety exercises.)
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- ☐ List two of the anxious thoughts that trouble you the most. Refer to the list above as needed.
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  - Take one of these thoughts and amplify how Satan wants you to respond to it.
  
  
  
  
  
  
  
  
  
- ☐ How would God want you to respond to this thought?
  
  
  
  
  
  
  
  
  
- ☐ Finish this statement from the last paragraph, “Trust comes from ....”
  - Trust comes from

☐ **Date Lesson #50 completed** \_\_\_\_\_