

(47) The Root of Anxiety

Points of Reflection

Video #47: [View/download the video lesson](#)

- ☐ List the four things anxiety reveals.

-
-
-
-

- ☐ Compare the two verses, Jeremiah 17:5 and 17:7.

-
-

- ☐ What is the root problem of anxiety?

- ☐ Write down and memorize the faith definition of worry.

☐ **Date Lesson #47 completed** _____