

(45) Worry about Worrying

Points of Reflection

Video #45: [View/download the video lesson](#)

- ☐ List three global changes that make people less secure and worried.

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- ☐ What are three local problems that have instigated fear and worry in the place where you live?

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- ☐ Think through your family, friends and people you meet. Name three of them that tend to worry. What do they worry about?

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- ☐ What things do you mostly worry about?

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☐ Do you have God's peace now? If so, thank the Lord. If not, confess your difficulty trusting Him.

☐ **Date Lesson #45 completed** _____