

(26) Helpful Definitions

Points of Reflection

Video #26: [View/download the video lesson](#)

- ☐ Download the 'Faith Definition' exercise: [pdf](#)
 - Provide at least two faith definitions for each category on the particular worksheet.

- ☐ Read the faith definitions [supplied](#).
- ☐ Describe how a person might end up with a twisted life when he does not trust God to care for his genuine needs.

- ☐ Download and fill out the Life Application sheet. This helps one focus on the main lessons God has for him in chapter 2, Discovering Our Choices. [pdf](#) | [docx](#) | [epub](#)
- ☐ Advanced! Go through all the descriptive words and provide a biblical faith definition for each. State a distortion for those from categories #1 and 3. (e.g., Due to bitterness, I am unloving and secretly hateful.)

☐ **Date Lesson #26 completed** _____

☐ **Chapter 2 (#13-26) completed (Put check mark):**

- Reading _____ Videos _____ Reflection questions _____ Exercises _____