

(4) The Flow of Life

Points of Reflection

Video #4: [View/download the video lesson](#)

- ☐ Commit yourself to trusting the Lord always to help you grow in your spiritual life.
 - Do this either through a verbal or written prayer.
 - Write down Philippians 1:6.
 - Say or write a prayer with the words from Phil 1:6, saying, “Lord, I want to thank you for the new life you started in me and how you will continue Your special work in me throughout my life.”

- ☐ Identify one time when you went counter to God's will and found the ‘current’ flowing against you.
 - What happened?
 - How did life get hard?

- ☐ Make sure you are in a state of obedience now. Confess your sins if necessary.
- ☐ Date Lesson #4 completed _____