

(2) Understanding Spiritual Growth

Points of Reflection

Video #2: [View/download the video lesson](#)

- ☐ Did you have someone to help you when you were a new believer personally? If so, describe how they helped you. If not, state any frustrations from that period because you did not.
 - Who helped shape your early Christian life?
 - How did they help you?

- ☐ Foundational Christian teachings are crucial to having a strong, vibrant Christian life. Do you have a strong foundation? Explain why or why not.
 - Fill in the answer to “I could have grown so much more if _____.”

- ☐ Explain why crises can happen in the lives of believers. Are you in such a situation now? If so, explain. If not, think of a time when you were desperate. Could you sense God working through it? Explain.
 - Do your best to explain why crises might occur in the lives of believers.
 - Are you in a crisis now? Explain.
 - Can you see God working through this time? Explain.

☐ Have you ever personally helped a new believer?

- Describe your experience of discipling/helping a new believer.
- If not, seek the Lord in prayer to train you so He can use you.

☐ **Date Lesson #2 completed** _____